

***Join an  
All Saints Parish EcoTeam!***

**What happens in an EcoTeam?**

Each member of an EcoTeam:

1. Commits to meet 3 times over a month with a small group of other households
2. Figures the “carbon footprint” for their household
3. Creates an action plan for reducing carbon  
\*reviewing daily routines  
\*tightening up their home
4. Takes action to make changes!

**Low Carbon Diet Workbook**

EcoTeams use a workbook called “Low Carbon Diet: A 30-Day Program to Lose 5000 Pounds.” It is a tested and widely-used model adopted by CoolMass for this pilot.

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We are looking for:

- EcoTeam conveners (leaders)
- EcoTeam members

*I want to be part of a local response to Climate Change by :*

- becoming a member of an EcoTeam*
- acting as a convener for an Eco Team*

Name: \_\_\_\_\_

Email address: \_\_\_\_\_

Phone number: \_\_\_\_\_

Preferred Meeting time:

Sunday 9 am: \_\_\_\_\_

Sunday 5 pm: \_\_\_\_\_

Another time during the week: \_\_\_\_\_

*Return this form to:*

*Stewardship Mail Box in Parish Office or  
roschno@comcast.net*

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