



Ruah Spirituality Institute

Advent Quiet Day for Leaders



Led by Margaret Benefiel

Saturday, December 6

9:30 am-1:00 pm

All Saints Parish, 1773 Beacon Street, Brookline

In twenty-first century America, leaders are rewarded for their drive, decisiveness, productivity, and long work hours. What would it look like for a leader to cultivate the inner life, to step off the treadmill, to take time apart for personal reflection? What would leadership arising from a core of spiritual groundedness and compassion look like? This Advent, come apart for a quiet day to reflect on these themes and to get spiritually renewed. Whether you find yourself in leadership roles at work, at church, at home, or elsewhere, this workshop is for you. Whatever your sphere of influence, come learn how to be a more effective, fulfilled leader within that sphere.

This will be an experiential, interactive workshop in which participants' own leadership experiences will serve as the basis for reflection and discernment.

Fee: \$45 (scholarships available).

To register please call 617-277-0036 or e-mail ruahspirit@gmail.com.

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Margaret Benefiel, Ph.D., is CEO of ExecutiveSoul.com. She also teaches at Andover Newton Theological School in Boston, in the area of spirituality and organizational leadership, and at the Milltown Institute in Dublin, Ireland. She has taught at the School of Business Administration at the University of Tampere in Finland, the Business Administration program at Emmanuel College in Boston, and at Harvard Divinity School. Dr. Benefiel speaks widely, leads seminars and retreats, and offers coaching and spiritual direction to executives and organizations. She serves as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She is the author of *Soul at Work: Spiritual Leadership in Organizations* (Seabury Books, 2005) and *The Soul of a Leader: Finding Your Path to Success and Fulfillment* (Crossroad, 2008), as well as numerous articles, essays, and book chapters.