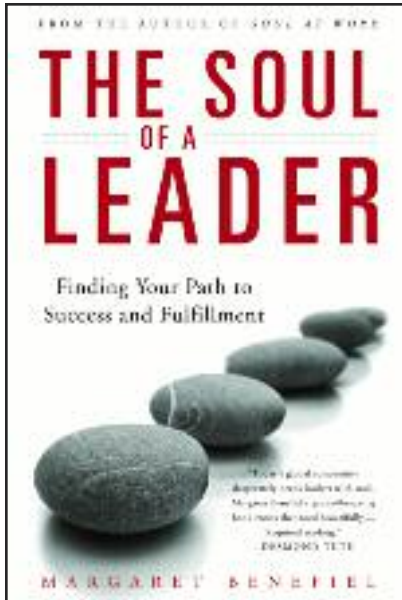




Ruah Spirituality Institute



The Soul of a Leader

with Margaret Benefiel

Thursday, October 30

7:00 pm

All Saints Parish, 1773 Beacon Street, Brookline

In your leadership roles (at work, at home, in your faith community, etc.), do you feel isolated, misunderstood, on the edge of burnout?

Is your soul withering under the strain of the demands on you?

Margaret's talk will focus on:

- ◆ How to be your best self as a leader
- ◆ How to keep your soul thriving in the midst of the demands on you.
- ◆ How to recognize which strains are normal and which are the danger signals of burnout
- ◆ How to use the challenges of leadership to develop as a leader and to develop your organization
- ◆ Simple practices you can use to be a more effective leader

This event is for parents, committee chairs, teachers, etc. as well as for CEOs and government leaders.

Whatever your sphere of influence, come learn how to be a more effective, fulfilled leader within that sphere.

Fee: \$25 (scholarships available).



To register please call 617-277-0036 or e-mail ruahspirit@gmail.com.

www.ruahspirit.org • www.executivesoul.com

Margaret Benefiel, Ph.D., is CEO of ExecutiveSoul.com. She also teaches at Andover Newton Theological School in Boston, in the area of spirituality and organizational leadership, and at the Milltown Institute in Dublin, Ireland. She has taught at the School of Business Administration at the University of Tampere in Finland, the Business Administration program at Emmanuel College in Boston, and at Harvard Divinity School. Dr. Benefiel speaks widely, leads seminars and retreats, and offers coaching and spiritual direction to executives and organizations. She serves as Chair of the Academy of Management's Management, Spirituality, and Religion Group. She is the author of *Soul at Work: Spiritual Leadership in Organizations* (Seabury Books, 2005) and *The Soul of a Leader: Finding Your Path to Success and Fulfillment* (Crossroad, 2008), as well as numerous articles, essays, and book chapters.